

Dear Students and Families,

We hope that you all had a nice weekend. This is the final week before *April vacation*. Please note, with April vacation, the next SRMS newsletter will be on Sunday, April 28th.



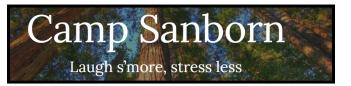
8th Grade Dinner & Dance Cruise and Promotion Ceremony - Attention all 8th grade

students and families, the 8th grade dinner & dance cruise will be on the evening of Monday, June 10th. Parents

and guardians, the 8th grade team put together a permission form that needs to be completed and also includes payment information for the trip. In addition, there is an event flyer on page 4 below.

The 8th Grade Promotion Ceremony will occur on the last day of school at 9am in the SRMS/HS auditorium. As soon as the last day of school is confirmed by the district, we will share the date with families as well as additional information about the ceremony.

Sanborn Summer Camp 2024 - Camp Sanborn is back for the summer of 2024. The camp will take place at Sanborn Regional Middle/High School for four weeks this summer. For more information about the camp, please see the flyer on page 5 below.



Yearbook Orders - To order a 2023-24 SRMS Yearbook, please click here.

Have a great week and April vacation!

Matthew Malila Jay Trafton

SRMS Principal SRMS Assistant Principal



SRMS Class of 2028 Spotlights

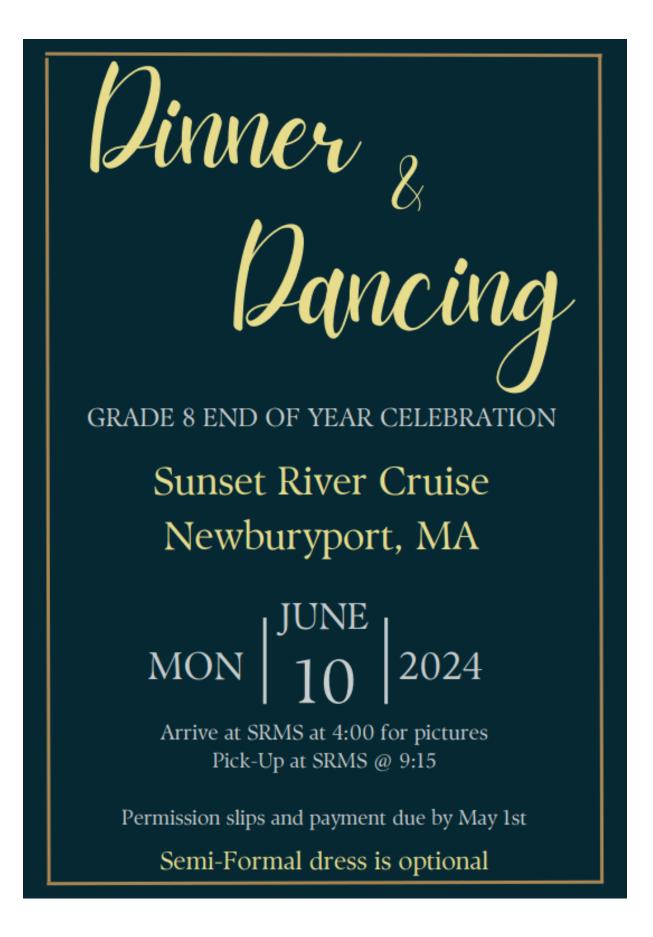


HK, You are a force to be reckoned with. Dad and I are so proud of you! Keep pushing forward and keep dreaming! You just gotta ignite the light And let it shine Just own the night Like the Fourth of July 'Cause baby, you're a firework! Love you to the moon and back, Mom and Dad



Dear Christopher, It seems like just yesterday you were graduating from preschool and now you are heading to high school!? We are so proud of the kind, funny, smart, and talented human you have become. We can't wait to see what the future holds for you. Love you to the moon and back - Mama & Daddy

Any parent/guardian of an 8th grade student who would like to submit a spotlight for the newsletter should email a photograph and short message to the SRMS Boosters at: middleschoolboosters@sau17.net



Laugh S'more, Stress Less at

Camp Sanborn!





Want your kiddo to get out and be active? Sign them up!

- Various Martial Arts
- Iron Chef Cooking
- International Cooking
- Mad Science Camp
- Football, Basketball, Tennis and Floor Hockey
- Cheer (beginner and advanced)
- Ceramics, Painting, Mixed Media and Photography
- Drama Camp (2 sessions available!)

Open to Incoming Grades <u>3-8</u>

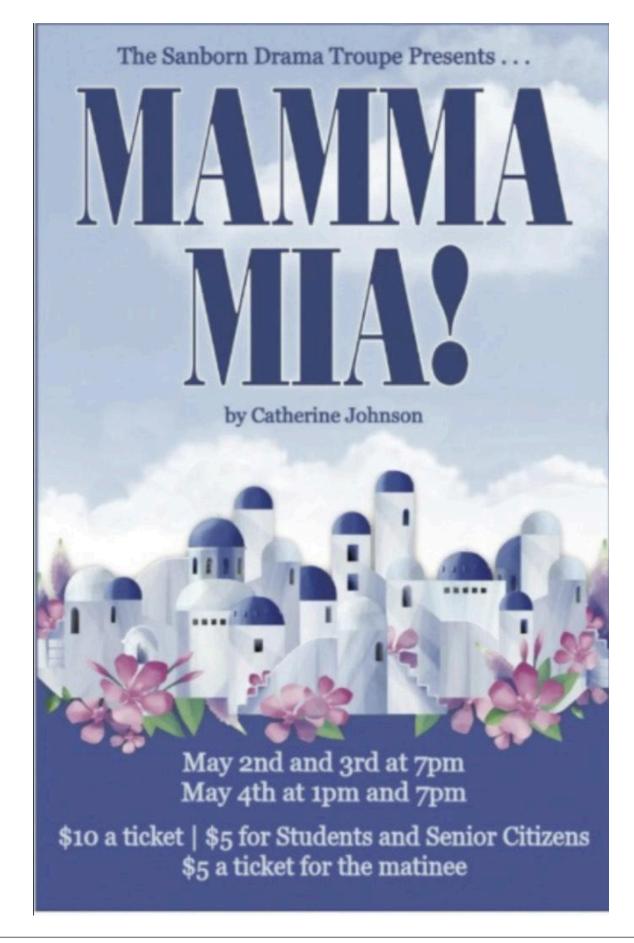
4 Weeks Available, AM and PM sessions

Click on our website below for information about the camp and how to register.

If you have additional questions, please contact: kgrella@sau17.net for more information

We Look Forward to Seeing You!

Click Here for Information About Camp Sanborn



End 68 Hours of Hunger





A Message from SoRock

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.



BEFORE SHE HITS THE PRACTICE FIELD...

Find out if she has questions about alcohol or other drugs. Show young people you care and help discourage risky behaviors by talking with them about the dangers of using alcohol and other drugs, such as marijuana and prescription pain medication. For tips on how—and when—to begin the conversation, visit

PEP20-03-01-031

www.underagedrinking.samhsa.gov

#TalkTheyHearYou

SAMHSA

APRIL IS ALCOHOL AWARENESS MONTH

<u>Check out these Parent & Caregiver Resources</u> to help you start—and keep up—the conversation about the dangers of drinking alcohol and using other drugs at a young age.

Talking to Kids About Alcohol and Other Drugs: <u>5 Conversation Goals</u>

<u>Why You Should Talk With Your Child About</u> <u>Alcohol and Other Drugs</u>

Why Small Conversations Make a Big

Answering Your Child's Tough Questions

Impaired Driving: Talk With Your Kids

Why Your Child Might Start Drinking Alcohol

How To Tell If Your Child Is Drinking Alcohol

What You Can Do To Prevent Your Child From Drinking Alcohol

The Consequences of Underage Drinking



Follow <u>@sorocknh</u> on FB to stay informed. If you have questions in the meantime visit <u>sorocknh.org</u>, <u>drugfreenh.org</u> or reach out to me at <u>sorocknhcc@gmail.com</u> We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2022-2023. <u>Take the 2023-2024 survey here!</u>

<u>Attention Boosters/PTA/PTO and other parent or community/civic groups</u>. SoRock wants to talk with you! We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to <u>sorocknhcc@gmail.com</u> to set something up.

<u>Learn more about Suicide Risk factors, protective factors, and warning signs</u> Need Help Now? Dial <u>988</u> or call <u>New Hampshire Rapid Response Access Point</u> Call/Text 833-710-6477 or <u>Chat Now</u>

Are you a Parent in Recovery? <u>Children Learn a Lot from Your Recovery!</u> Need Help with Your Recovery? <u>Click Here for NH Recovery Support Resources</u> Are you impacted by the substance use of a loved one? <u>Find support here</u> and <u>here</u>

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.

Would you like to know more about SoRock, how we operate and what we do? Email Charlotte Scott, Program Director <u>sorocknhcc@gmail.com</u> or call 603-642-3341 x 1235

NEWS RELEASE

SANBORN REGIONAL SCHOOL DISTRICT Date: February 2024

Daniel J. Bakie School KINDERGARTEN REGISTRATION for Newton and Kingston, NH

If your child will be five years old by September 30, 2024, and you are a <u>resident of</u> <u>Kingston or Newton, NH</u>, you should consider registering your child for full-day kindergarten for the 2024-2025 school year. Please visit our school website at http://www.sau17.org/3/home and click the 2024-2025 registration link. Registration is done completely online. Documentation required to complete the registration process includes a current physical & immunization record and proof of residency documents. The Sanborn Regional School District has defined the following acceptable residency documents: a copy of a <u>current</u> utility bill (electric, cable, gas, oil) showing your name and address (no P.O. Boxes), <u>along with</u> either a signed lease, a notarized letter from Builder or Realtor, property tax bill, settlement document on a new home or a property deed. Registering early helps us plan appropriately. We ask that registrations be completed *no later than Wednesday, May 1st.*

New Hampshire State Law requires all children to have had immunizations for DPT, Polio, Mumps, Measles, German Measles, Chicken Pox, and Hepatitis B before school entry. They also require each child to have a complete medical examination within one year before entry into kindergarten.

Incoming parent orientation is scheduled on **Wednesday, April 10th from 3:20-4:20 p.m.** at the D.J. Bakie School (see below for specifics). This event is designed for parents/guardians and their students! This event is focused on visiting kindergarten classrooms, meeting the teachers, and seeing their classrooms. There will be an opportunity to meet our unified arts team and see other specific programs at a later date. The schedule is as follows:

Time:

3:20-3:50 If your Last Name begins with A-M (If you have older students or PreK students, please park at Swasey after pick-up and walk over. Please do NOT park in the lot here) 3:50-4:20 If your Last Name begins with N-Z

We are excited to have you share the opportunity to visit classrooms and speak with our staff!

All incoming kindergarten students are required to participate in a screening process. You must register your child so that they may participate in the screening. Screening dates will be announced at a later time.

Please contact Kim Rousseau, Enrollment Coordinator, by telephone at (603) 642-5272, x101, or email krousseau@sau17.net for any questions.

THE SEACOAST SCHOOL OF TECHNOLOGY PRESENTS THE 15th ANNUAL SUMMER CAMPS FOR MIDDLE SCHOOL STUDENTS

Exciting summer camps will be offered once again to students who are **currently** in the 5th, 6th, 7th or 8th grade. One-week camp sessions will take place during the week of June 24, 2024. Each day's session will run from 8:00 a.m.-12:00 noon. Students are responsible for their own transportation. No food will be served. Each camp will run contingent upon enrollment. A student will be considered enrolled once the enrollment and medical forms are complete and a check made payable to the Seacoast School of Technology has been received and cleared. **Camp sign-ups will begin on Monday, March 25, 2024. Registration forms must be postmarked no earlier than Friday, March 22, 2024.** The following camps will be offered on a first-come, first-served basis:

Become a Builder Week of June 24

Want to learn basic knowledge of hand tools and power tools? Want to learn proper safety techniques to use in a workshop or on a construction site? Sign-up for this camp and each day you will build an exciting new project with the tool of the day. Campers are required to wear pants and no open-toed shoes. Limit 12 students. Total cost \$145.00.

Culinary Arts Week of June 24

Do you love to bake? Spend a week in our Intro to Baking Workshop! You will practice making new and exciting varieties of cookies, pies and tarts, filled cupcakes, quick breads and yeast breads! You will learn how to use professional tools and equipment while preparing all of these delicious confections. Note: long pants, closed-toed shoes and hair tied back are a safety requirement. Limit 14 students. **Total cost \$160.00, this includes a chef hat.**

Engine Overhaulin' Week of June 24

Embark on a thrilling journey into the world of automotive repair at Seacoast School of Technology's summer camp! Led by expert instructors, campers will explore essential maintenance techniques using professional-grade tools. From oil changes to brake inspections, they'll dive into hands-on activities in a safe, enjoyable environment. The highlight? Dismantling and reassembling an engine to uncover its secrets. Join us for an unforgettable and fun-filled adventure in auto repair! Secure your spot today. Limit 12 students. Total cost \$145.

For the required application and health form, go to **sst.sau16.org.** As a program fills, it will be listed on the website.

The **non-refundable fee** (unless program is cancelled) of \$145 is valid for completed applications and health forms received through May 17, 2024.

No refunds for natural disasters, local emergencies, loss of power or water, etc.

A letter confirming your child's placement will be mailed to you after May 17, 2024.

For further information or questions, please contact Brenda Schrempf at 775-8461 or bschrempf@sau16.org

Mail forms and payment to: Seacoast School of Technology, Attn: B. Schrempf, 40 Linden St., Exeter, NH 03833 *NOT A SCHOOL-SPONSORED EVENT*

10th Annual SER Hockey Golf Tournamnent Apple Hill Golf Course East Kingston NH

NEW THIS YEAR Prizes awarded for Best Team Name and Best Team Shirt

Sponsorship Levels

Registration: 7:30am Start Time: 8:00am Season Sponsor \$1250 Platinum Sponsor \$500 Gold Sponsor \$350 Ist or 18th Hole \$200 Longest Drive \$150 Hole Sponsor \$100 Ad Sponsor \$50

See Google Registration Form for details on Sponosrship Levels https://forms.gle/tpBRXSEF9knfRk6W7

> Sanborn Ice Hockey PO Box 161 Kingston NH 03848

checks can be maile

Venmo Payments: @Sanborn-eppingIceHockey-Hockey Contact us at sanborneppinghockeyboosters @gmail.com

NOW AT YOUR LIBRARY CHESS



Kingston Community Library Imagine Even More

TUESDAYS AT 3 IN APRIL

not a SRSD sponsored program

Imagine Even More Monday	Tuesday	Wednesday	Thursday	Friday
4/1	4/2	4/3	4/4	4/5
9:45am Aerobic Exercise 11am Gentle Yoga 3pm Monday Book Club 4pm Intro to Fiction Writing 6pm Meditation	10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess	9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- Gran Turismo Library Closed at 5pm for Staff Meeting	10am Bone Builders 11am Writing Group 11:30am Adult craft- Jewelry with Larry *sign up required* 4pm Just Craftin' Around 6pm Thursday Night Book Club	9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage
8	9	10	11	12
9:45am Aerobic Exercise 11am Gentle Yoga 4pm Intro to Fiction Writing 6pm Meditation 7pm Library Trustee Meeting	10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess Natio	9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- My Big Fat Greek Wedding 3 nal Library	10am Bone Builders 11am Writing Group 4pm Just Craftin' Around 6pm Thursday Night Book Club	9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage
15	16	17	18	19
9:45am Aerobic Exercise 11am Gentle Yoga 6pm Meditation	10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess	9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- <i>Next Goal wins</i> 6pm Nonfiction Book Club	10am Bone Builders 11am Writing Group 11:30am Adult craft- Crafting with old books 4pm Just Craftin' Around 6pm Thursday Night Book Club	9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage
22 9:45am Aerobic Exercise 11am Gentle Yoga 4pm Friends of Library Monthly Meeting 6pm Meditation 6pm Mystery Book Club	23 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess	24 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- The Blind	25 10am Bone Builders 11am Writing Group 11:30am Older Adult Seminar 4pm Just Craftin' Around 6pm Thursday Night Book Club	26 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage 1pm Romance Required Book Club
29 9:45am Aerobic Exercise 11am Gentle Yoga 3:30pm Rug Hooking 6pm Meditation	30 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess	5/1 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- Daddy Daughter Trip Library Closed at 5pm for Staff Meeting	5/210am Bone Builders 11am Writing Group 11:30am Adult Craft- Sand Candles 4pm Just Craftin' Around 6pm Thurs Night Book Club	5/3 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage

Weekly Programs

Mondays & Wednesdays, 9:45am, Aerobic Exercise: Join others for fun light aerobic exercise while following an instructional DVD.

Mondays & Wednesdays, 11am, Gentle Yoga Series: Bring a mat, a strap, and a tennis ball if you have one. Class size is limited to 9 students, first come first serve. \$5 a class.

Mondays 6pm & Fridays 9:45am, Meditation: Experience needed. Join a group to meditate and eliminate thoughts that may be causing stress

Tuesdays & Thursdays, 10am, Bone Builders: Gentle weight bearing exercise. *Sign up required*

Tuesdays, 11am, Hobby Haven: What's your hobby? Crochet, coloring, or crosswords? Join a great group & chat while having fun enjoying your hobby!

Tuesdays, 1pm, Sit & Stitch: Bring your project and enjoy an afternoon of social knitting!

Tuesdays, 3pm, Chess: *NEW PROGRAM* Have you been wanting to play chess but don't have anyone to play with? Come on in and play here!

Thursday, 11am Writer's Group Bring your work in progress and write with us.

Thursdays, 4pm, Just Craftn' Around: Join a group of fun folks and work on your craft project. Looking for help knitting, then this is the group for you.

Fridays, 10:30am, Puzzle Group: Have some fun putting together jigsaw puzzles with friends.

Fridays, 10:30am, Cribbage: Come in to play cribbage.

Monthly Programs

Adult Craft: 1st and 3rd Thursday 11:30, Come in and create a fun craft!

Friends of KCL Meeting: 3rd Monday, once a month at 4pm, Become a member and help in the effort to raise funds for KCL's children's programming and other fun library activities!

Traditional Rug Hooking: Last Monday, once a month at 3:30pm, taught by Lisa Chalconer. Kits are available for \$40. Class is limited to 9 students. Please reserve a spot! \$5 suggested donation.

Special Events

Intro to Fiction Writing, Mondays, April 1st & 8th, 4pm: Want to write that fiction novel? Learn how to get started with Author Jennifer W. Smith.

Older Adult Seminar, Thursday, April 25, 11:30am: Learn the importance of selfcare when you are helping someone with a mental illness.

Book Clubs

Monday Book Club: Tuesday, April 1, 3pm: A Million Little Pieces by James Frey. Intense, unpredictable, and instantly engaging, this is a story of drug and alcohol abuse and rehabilitation as it has never been told before. May's read will be Murder on Fifth Avenue by Victoria Thompson.

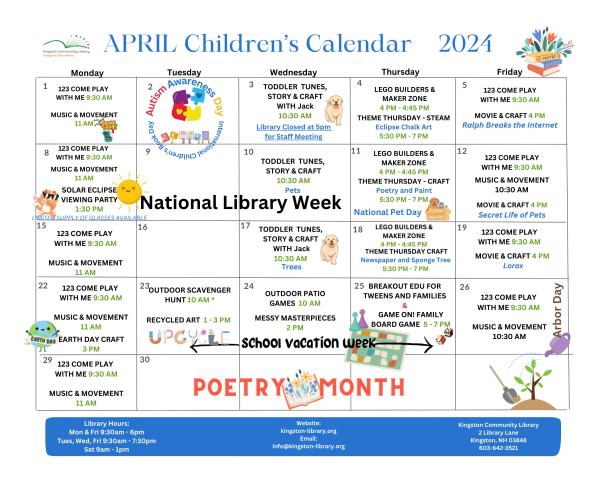
Nonfiction Book Club: Wednesday, April 17, 6pm: The Milky Way: An Autobiography of Our Planet by Moiya McTier. An astrophysicist and folklorist details everything humans have discovered—from the Milky Way's formation to its eventual death, and what else there is to learn about the universe we call

Mystery Book Club: Monday, April 22, 6pm: Widows of Malabar Hill by Sujata Massey. Richly wrought story of multicultural 1920s Bombay as well as the debut of a sharp new sleuth.

Romance Required Book Club: Friday, April 26, 1pm: Secretly Yours by Tessa Baily. A steamy opposites-attract romantic comedy featuring Hallie Welch and Julian Vos.

Thursday Night Book Club: Thursdays, 6pm: Led by Dr. John Chandler, this group meets weekly. Contact the library or read our current newsletter to find the current book.





Music and Movement: Mondays 11 AM, Spring into action and bring your little ones to move, sing and shake a tambourine or bells, and move about with the parachute.

Toddler Tunes & Story: Wednesdays 10:30 am - 11:15 am, Join Miss Carolyn & Miss Chyral for songs, a short story and craft.

123 Come Play with Me: Mondays & Fridays 9:30 - 11 am, A drop-in unstructured open playgroup for children ages 0 to 36 months and their caregivers.

Lego Builders & Maker Zone: Thursdays 4 – 4:45 pm, Complete a building challenge or free build with Lego, or other building materials.

Theme Time Thursdays: 5:30 pm - 7 pm, Drop in and do the weekly craft or experiment.

Friday Flicks: Fridays 4pm, join Miss Chyral for a movie and coloring page



SPECIAL EVENTS - SCHOOL VACATION WEEK APril 22 - 26

Tuesday, April 23 - Outdoor Scavenger Hunt - Kids come pick up a map and clues in the Children's Room and then head outdoors. Maps will be available all week.

Wednesday, April 24 - Outdoor Games on the Patio - 10 AM Wednesday, April 24 - Messy Masterpiece Backyardists - 2 PM Best for kids ages 4 and up - We will collect some items from outdoors or you can bring 'nature' from your backyard and use the pieces on your canvas. WEAR CLOTHES THAT YOU DON'T MIND GETTING DIRTY.

Thursday, April 25 - Upcycled Art - 1 PM - 3 PM Kids come create a radical robot or a space creature with our recycled materials in honor of EARTH DAY (April 22) Thursday, April 25 - Game On! Kids ages 5 and up can join us in the Children's Room from 5PM - 7PM for board games! Try a new game or play an old favorite. Families are welcome.

Website: kingston-library.org



Youth & Teen Career Exploration 9AM - 12 PM, Monday - Thursday



SUMMER CAMP 2024

Week of July 8

- Automotive General Vehicle Maintenance and Information: Learn proper use of tools and procedures involved during vehicle check-over, oil change, tire replacement, warning light meaning and checking, and scan tool introduction.
- Find My Career: Hands-on exploration of career pathways in the social and health sciences, with on-site interactions with practitioners.

Week of July 15

- Automotive General Vehicle Maintenance and Information
- Introduction to Digital Electronics: Get hands-on experience using electronic components to build a functioning digital circuit on a solderless breadboard. This project comes equipped with its own battery pack so students can take home and demonstrate to friends and family.
- Programming with Python: Learn to problem solve through programming. No prior coding experience necessary.
- Exploring the world of Public Health: Learn about the history of Public Health and important
 public health issues that affect your own community and other communities around the world.
 Work with experienced public health professionals and get hands-on experiences in various labs
 as part of exploring this diverse and interesting career path.

Week of July 22

- Intro to Arduino (Programmable circuit board): Learn to program and see your code working on an actual circuit board with lights and switches. You'll be able to take home your circuit board and demonstrate to family and friends
- Skills for High School & College Success: Build skills for high school and college success, with
 hands-on exploration of relevant academic pathways and on-site interactions with practitioners.

Week of July 29

Aviation Technology: Learn about the many different careers in Aviation.



Register Today! Scan QR Code above for Registration Packet Contact: Kim Eckenrode • Career & Technical Education Pathways Director (603) 578-8979 • KEckenrode@ccsnh.edu

Nashua Community College | 505 Amherst Street | Nashua, NH 03063





Session Registration Details

and the server of the server o	intenance & Information	4	Days	\$295
Proper use of tools, Proper procee	dures involved during vehicle	e check-over, oil change, t	ire rotat	ion and
replacement, Warning light mean	ing and checking, scan tool i	ntroduction		
Week of July 8	Fall 2024 Grades 6 -12	CRN: 35301		
Week of July 15	Fall 2024 Grades 6 -12	CRN: 35309		
Find My Career		4	Days	\$295
Hands-on exploration of career pa	athways in the social and he	alth sciences, with on-site	interac	tions with
practitioners.				
Week of July 8	Fall 2024 Grades 6 -12	CRN: 35303		
Introduction to Digital Electronics	1	4	Days	\$295
Students will get hands-on experie	ence using actual electronic	components to build a fur	nctionin	g digital circuit on a
solderless breadboard. This project	t comes equipped with its o	wn battery pack so that st	tudents	can take home and
demonstrate to friends and family				
Week of July 15	Fall 2024 Grades 6 -12	CRN: 35308		
Programming with Python		4	Days	\$295
Students learn to problem solve th	hrough programming. No pr	ior coding experience nec	essary. (One-year online
Youth Coding membership include	ed with the cost of the camp			
Week of July 15	Fall 2024 Grades 6 -12	CRN: 35304		
Exploring the World of Public Hea	lth			
Exploring the world of Public Rea		4	Days	Free
Public Health has grabbed the atte encompass? How do disease dete	ention of the country in rece	nt years, but what exactly	does p	ublic health
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Contact: Kim Eckenrode • Career & Technical Education Pathways Director (603) 578-8979 • KEckenrode@ccsnh.eduNashua Community College | 505 Amherst Street | Nashua, NH 03063

Not Sponsored by Sanborn Regional School District

Adventurelore Summer Camp

MEET OUR STAFF



The ADVENTURELORE staff is most responsible for the success of our program. All staff members possess the high degree of sensitivity, understanding and energy necessary to answer the individual needs of each of our adventurers. Our staff members have considerable experience working with the youth in various environments. Both junior and senior staff members are carefully selected and well trained to provide the highest quality programs. ADVENTURELORE averages a

1:3 Counselor: Adventurer Ratio

Learn more about 🦯 our awesome staff at ADVENTURELORE.ORG



Phone: 603-382-4661 Email: Office@adventurelore.org

Adventurelore's Summer Camp is a historically safe high-adventure coed outdoor living experience designed to offer challenging and successful experiences for children and adolescents. Under professional supervision and guidance, adventurers will gain self-esteem and personal confidence through adventurous, excitin and FUN filled activities, while acquiring outdoor living skills. These skills have been proven to be physically and mentally beneficial to individuals of all ages. We strive to help youth unfold positive attitudes about themselves and their peers in outdoor surroundings through exposure to both individual and group challenges.

Ryan's Message

Summer camp is one of the most amazing experiences you can provide your child. At Adventurelore we believe that camp is more than just having fun. It's about having fun while making new friends, great memories and lear valuable life skills. When our campers return home we want them to have had the best adventure of their lives while also feeling like they learned life lessons and skills they can use as they grow into teenagers and young adults.









6 DAY LAGES 10-13 ME CAMP JUNIOR 3 | July 29- August 3 \$1,4

Adventurelore is offering 5 and 6 day programs for juniors designed to be a life enriching taste of our Woodstock, NH and Franklin, ME base camp activities. Adventurers will enjoy the experiences of camping, swimming, rock climbing, rappelling, canoeing, and white water kayaking on Junior 1 and 2 (5-day programs) at our Woodstock, NH campsite. On our Junior 3 trip (6-day program) at our Franklin, ME campsite, campers will enjoy all of this in addition to white water rafting! Other energized camp activities take place in what kids have come to call "Thunder Dome" and "The Barn." The weeks activities are designed to be fun and exciting while enhancing self-esteem and developing self confidence in a safe and caring social environment



Adventurers will mountain bike along the best of the back trails of Maine from the Canadian border to Bar Harbor This trip also includes whitewater kavaking and canoeing swimming, rock climbing and orienteering adventures. The focus of this eventful and exciting adventure is directed toward participants recognizing their capabilities as an individual and positively contributing their personal attributes to the group while enjoying a healthy environment. Ride your mountain bike, borrow o Giant brand mountain bikes, or for an additional \$295 yo an purchase a brand-new shop quality mountain bike at 60% discount. We highly recommend this option.



The Eight-Day Land & Sea trip is coed and offers adventurers four days of sailing, kayaking and canoeing swimming, tubing and island exploring along the beautiful coastline of Mt. Desert Island and Frenchman Bay. The ensuing four days' activities will include rock climbing, rappelling and whitewater rafting. This trip focuses on ating skills and positive social interaction in a variety of FUN and challenging environments.



National Park Activities will include swimming kavaking canoeing, hiking, rock climbing, rappelling in the beautiful Acadia National Park, sailing in Bar Harbor, and whitewater rafting on the Kennebec River! This program emphasizes on the benefits of being active, having FUN, social connection, healthy living and perseverance through individual and group challenges.









The 8-Day White Mountain Adventure is a program highlighted with mountain biking, whitewater kayaking, hiking the Appalachian Trail, swimming, camping and rock climbing in the White Mountains. Our main camp is located on the Pemigewasset River. This program promises to be FUN and EXCITING with the ability to meet the individual challenge needs of each adventurer. Through these challenges, adventurers will increase their self-confidence spontaneity, teamwork and a sense of humor in new and thrilling environments.



The 6-Day White Mountain GIRLS Adventure is a program highlighted with whitewater kayaking, hiking the Appalachian Trail, swimming, camping and rock climbing in the White Mountains. Our main camp is located on the Pernigewasset River. Every day there are opportunities to swim and explore the river. This program promises to be FUN and EXCITING with the ability to meet the individual challenge needs of every adventurer. Through these challenges, adventurers will increase their self-confidence, spontaneity, teamwork and have FUN in a new and thrilling environment.

CONTACT US

Phone: 603-382-4661

Email: Office@adventurelore.org Not a school sponsored event

SANBORN YOUTH SOCCER

Registration is now open for the Spring Season

Welcoming families of Kingston, Newton, and surrounding communities!

SYSA has opened the Spring registrations early this year and wants to welcome you all to sign up! This is a co-ed soccer program aged 4 through grade 8. Games are played on Sundays at Chase Field in Kingston.

The season will run from May 4^{th} through June 16^{th}

With practice times to be determined

There are two sessions available

Session 1 - for age 4/5 and grades 3-8

Session 2 - for age 4/5 and grades 1-2

To register your child please visit www.sanbornyouthsoccer.org

If you volunteer to coach a team you will have your registration fee waived for one child! Any questions please reach out to <u>sanbornyouthsooccer@gmail.com</u>



Sanborn Baseball and Softball Association Registration is Open All levels

Baseball: T-Ball Ages 4-6 years old Rookies ages 6 and 7 Minors ages 8 and 9 Majors ages 10 till 12 Babe Ruth Ages 13-18 Softball U8 Softball U10 Softball U12 Softball U14 Softball U16

Visit sanbornbsa.org to signup and register

Questions or need help? Email us at: sanbornbsa@gmail.com

This program is not associated with Sanborn Regional School District